

# ESCOLA BAHIANA DE MEDICINA E SAÚDE PÚBLICA CURSO BIOMEDICINA

# **RAVENA SENA OSÓRIO CORDEIRO**

Influência do Cloridrato de Pioglitazona na Regulação da Resposta Inflamatória de Pacientes com Leishmaniose Cutânea Causada por *L. braziliensis* 

> Salvador – BA 2019

# RAVENA SENA OSÓRIO CORDEIRO

# Influência do Cloridrato de Pioglitazona na Regulação da Resposta Inflamatória de Pacientes com Leishmaniose Cutânea Causada por *L. braziliensis*

Trabalho de Conclusão de Curso apresentado à Escola Bahiana de Medicina e Saúde Pública, como parte dos requisitos para obtenção do título de Bacharel em Biomedicina.

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SALVADOR – BA 2019

#### RAVENA SENA OSÓRIO CORDEIRO

#### INFLUÊNCIA DO CLORIDRATO DE PIOGLITAZONA NA REGULAÇÃO DA RESPOSTA INFLAMATÓRIA DE PACIENTES COM LEISHMANIOSE CUTÂNEA CAUSADA POR *L. BRAZILIENSIS*

Este trabalho de conclusão de curso foi julgado adequado à obtenção do grau de Bacharel em Biomedicina e aprovada em sua forma final pelo Curso de Biomedicina da Escola Bahiana de Medicina e Saúde Pública.

Salvador – BA, 09 de Novembro de 2019.

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Prof. Dra. Rubia Suely Costa Serviço de Imunologia – Hospital Universitário Professor Edgar Santos

Um líquido é um estado da matéria sem formato específico. Ele muda facilmente e se molda ao seu recipiente.

O corpo humano é 70% água.

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# 1. ARTIGO CIENTÍFICO

#### 1 **PPAR RESEARCH**

# 2 INFLUENCE OF PIOGLITAZONE HYDROCHLORIDE ON THE REGULATION

# 3 OF INFLAMMATORY RESPONSE IN PATIENTS WITH CUTANEOUS LEISH-

# 4 MANIASIS CAUSED BY L. braziliensis.

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#### 11 ABSTRACT

12 Cutaneous leishmaniasis (CL) caused by Leishmania braziliensis is an inflammatory disease 13 in which the development of skin ulcers is associated with the presence of mononuclear cells 14 and high levels of inflammatory cytokines. Recently was demonstrated that activation of 15 PPAR- $\gamma$  by anti-diabetic drugs decreased cytokine production in many types of inflammatory diseases. We hypothesized that activation of PPAR-y by pioglitazone hydrochloride could 16 17 regulate the inflammatory response observed in CL. In this article, we show that pioglitazone 18 hydrochloride at different concentrations downregulated TNF, IL-6, IL-1β and IL-10 produc-19 tion after TLR4 activation in monocytes of healthy subjects. However, we have shown that 20 peripheral blood mononuclear cells from Leishmania antigen-stimulated CL patients had de-21 creased TNF levels after treatment with this drug at a low concentration for a short time of 22 stimulation. This observed immunomodulatory effect, was modified by exposing these cells to 23 a higher concentration of pioglitazone hydrochloride for a longer time. In addition, macro-24 phages infected with L. braziliensis showed reduced parasitic load when treated this drug. 25 These results suggest that pioglitazone hydrochloride in low concentration may have benefits 26 in adjuvant CL therapy.

#### 27 INTRODUCTION

28 Cutaneous Leishmaniasis (CL) caused by Leishmania braziliensis is an infection disease 29 characterized for one or more ulcers with raised borders and few parasites. CL lesions present 30 an intense inflammatory reaction with the predominance of lymphocytes, mononuclear phag-31 ocytes [1,2]. Although the inflammatory response is necessary to control parasite replication, 32 the exaggerated production of inflammatory cytokines such as TNF [3,4] and IL-1B [5,6] con-33 tribute to tissue damage and development ulcers in skin. Regarding the treatment of patients 34 in endemic areas of Brazil, the Ministry of Health indicates the use of pentavalent antimonial  $(Sb^{v})$  as the drug of first choice. However, this drug presents high toxicity to the patient and 35 36 high therapeutic failure reaching 70%. [7,8].

Previous studies have shown that the association between  $Sb^{v}$  and immunomodulatory drugs has beneficial effects on the healing of CL patients, just like the topical use of GM-CSF (macrophage and granulocyte colony stimulating factor) associated with standard doses of  $Sb^{v}$  decreases cure time in refractory patients [9]. Another drug association is the oral Pentoxifylline (drug that decreases TNF production), there showed to be more effective - accelerating the healing process of cutaneous and mucosal leishmaniasis [10,11,12].

43 Recently more attention has been focused on anti-diabetics drugs in various types of inflam-44 matory and infectious diseases [13,14,15,16] including CL due to ability to regulate inflam-45 matory response [17]. Pioglitazone is an anti-diabetic drug from the family Thiazolidinediones (TZDs) are that function as insulin sensitizers in peripheral and hepatic tissues by bind-46 47 ing to and activating nuclear peroxisome proliferator-activated receptor  $\gamma$  (PPAR- $\gamma$ ) [18]. 48 PPAR- $\gamma$  is also expressed in immune response cells such as monocytes and macrophages and 49 its activation for pioglitazone can trigger anti-inflammatory actions such inhibition of NF-kB 50 [19,20, 21,22].

51 The aim of the present study was to evaluate the role of pioglitazone hydrochloride in modu-52 lating the inflammatory response in patients with cutaneous leishmaniasis. We documented 53 that pioglitazone hydrochloride a potent PPAR- $\gamma$  agonist in low concentration decrease TNF 54 levels without modify the levels of IL-10, but in high concentration this profile is modified 55 and increased IL-1 $\beta$  production in PBMC from CL patients. In addition, pioglitazone hydro56 chloride enhances the killing from *L. braziliensis* by macrophages in low or high concentra-

57 tions.

# 58 MATERIALS AND METHODS

### 59 Subjects

60 The sample was composed of 9 individuals with CL from the L. braziliensis transmission area

of Corte de Pedra, Bahia, Brazil and 10 HS living in an area where *Leishmania* species are not

62 endemic. Diagnosis of CL was made based on the presence of typical skin ulcer associated

63 with a positive PCR result as previously described [23,24]. All participants in this study, did

64 not have diabetes, obesity or in using for anti-inflammatory drugs.

#### 65 **Ethics Statement**

66 The present study was approved by the Ethics Committee of the University of the State of

- 67 Bahia (License number 2.471.185) and informed written consent was obtained from all study
- 68 participants. All participants were adults.

# 69 Cell viability

70 PBMCs obtained from health subjects and culture for 24 and 48 hours in presence or absence

of LPS (10ng/mL), pioglitazone hydrochloride 1µM, 10µM and 100µM (Sigma, St. Louis,

MO). Unstimulated cells were used as a positive control representing 100% of viable cells,

73 while cells stimulated with PFA were used as negative control. After these time points the cell

viability was by the MTT assay technique as previously described [28].

#### 75 Soluble Leishmania antigen (SLA)

76 SLA was prepared with an isolate of L. braziliensis as previously described [26]. Briefly,

promastigotes resuspended in lysis solution (Tris, HCl, EDTA, and leupeptin) were immersed

78 in liquid nitrogen and thawed at 37°C. After freezer-thaw procedure, they were sonicated, and

the disrupted parasites were centrifuged at 14,000g. The supernatant was filtered and assayed

for protein concentration, tested for endotoxin using the Limulus amebocyte lysate test, and
used at a concentration of 5µg/mL.

# 82 Culture of PBMCs

PBMCs were isolated from heparinized venous blood by FicollPaque (GE Healthcare) gradient centrifugation and after washing steps in saline, the cell concentration was adjusted to  $3x10^{6}$  cells in 1mL of RPMI-1640 (Gibco) supplemented with 10% FBS (Gibco), 100UI penicillin/mL, and 100µg streptomycin/mL. PBMCs were dispensed into 24-well plates and incubated at 37°C, 5% CO2 for 24 and 48 hours in the presence or absence of SLA (5µg/mL), LPS (10ng/mL), pioglitazone hydrochloride 1µM, 10µM and 100µM (Sigma, St. Louis, MO).

# 89 Determination of Cytokine Levels

90 Levels of the cytokines TNF, IL-6, IL-1 $\beta$  and IL-10 were evaluated in the supernatants of

91 PBMC, according to the manufacturer's information (BD Pharmingen, San Diego, CA). The

92 results were expressed in pg/mL.

#### 93 Parasite culture

Isolate of *L. braziliensis* (MHOM/BR/LTCP11245) was obtained from a skin lesion of a CL patient and identified as *L. braziliensis* by multilocus enzyme electrophoresis [25]. The parasites selected for this study had not been previously passaged in liquid culture medium. After selection, the parasites were expanded in Schneider's medium (Sigma, St. Louis, MO) supplemented with 20% heat-inactivated fetal bovine serum (FBS) (Gibco, Waltham, MA), 100UI penicillin/mL, and 100µg streptomycin/mL.

### 100 Human macrophage culture and infection with L. braziliensis

Monocyte-derived macrophages from HS subjects were prepared following a method previously shown [27] by our laboratory to yield 99% macrophages characterized by flow cytometry as CD14-positive, CD3-negative, CD19-negative. Briefly, 1,25x106 PBMC were dispensed into 4-well plates (Nunc Labtek) and monocytes were separated by adherence. After 6 days of culture in RPMI-1640 (Gibco) supplemented with 10% FBS (Gibco), 100UI penicillin/mL, and 100µg streptomycin/mL the adherent cells displayed characteristics of macrophages. After diferention, these cells were infected with *L. braziliensis* stationary phase pro108 mastigotes at a 10:1 ratio during 2 hours and uninfected macrophages were used as controls.

- 109 After incubation, the remaining extracellular parasites were removed by gentle washing and
- 110 cells incubate with pioglitazone hydrochloride. The percentage and the number of amastigotes
- 111 were determined from two independent observers.

#### 112 **Statistical Analysis**

- 113 Data were analyzed using the program GraphPadPrism v8.0 (GraphPad Software, San Diego,
- 114 CA, USA). All results are presented on mean with standard desviation (SD) and were statisti-
- 115 cally analyzed by paired t test. The results were considered statistically significant when show
- 116 p <0.05.

#### 117 **RESULTS**

#### 118 Cell viability after exposure at different pioglitazone hydrochloride concentrations

- 119 To evaluate the cell viability, a dose and time response curve was constructed. We observed
- 120 that LPS and none of the pioglitazone hydrochloride concentrations used showed any toxic
- 121 effects, as shown in figures 1a and 1b, respectively.

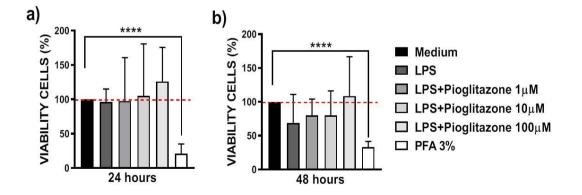


Figure 1: Cells Viability. PBMC from HS (n=10) were cultured in the presence and absence of LPS (10ng/mL), pioglitazone hydrochloride (1, 10 and 100µM) and PFA 3% for 24 hours (a) and 48 hours (b). After each time point the mitochondrial activity was evaluated by the MTT technique. The results are presented as a percentage with mean and SD, and paired t test was used for statistical analysis \*\*\*\* P <0.0001. 126

#### 127 Ability of pioglitazone hydrochloride to regulate cytokine production in response to LPS

128 Recently, it has been shown that monocytes infected with L. braziliensis exhibit high expres-129 sion Toll like 4 receptor expression (TLR4) followed by high levels of TNF and IL-10 [29]. 130 To evaluate whether pioglitazone hydrochloride could breaking the production for cytokines 131 by monocyte, we induced TLR4 activation in PBMC from HS with LPS for 24 and 48 hours. 132 In this study, we show that pioglitazone hydrochloride in low concentration  $(1\mu M)$  downregu-133 lated TNF (Figure 2a) and IL-1B (Figure 2b) production in response for LPS after 24 and 48 134 hours of treatment. However, as pioglitazone hydrochloride concentrations were increased 135 (1µM, 10µM and 100µM), the levels of IL-6 (Figure 2c) and regulatory cytokine IL-10 (fig-136 ure 2d) decreased in compared for cells stimulated with LPS at both times. These results 137 demonstrate that pioglitazone hydrochloride downregulate the secretion of inflammatory cy-138 tokines in the initial phase of cell activation via TLR4, suggesting this drug acts to inhibit NF-139 κB.

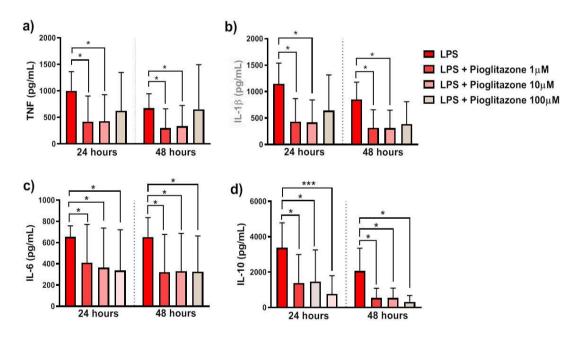




Figure 2: Ability of pioglitazone hydrochloride to regulate cytokine production in response to LPS. PBMC from HS (n=10) were cultured in the presence and absence of LPS (10ng/mL) and pioglitazone hydrochloride (1, 10 and 100 $\mu$ M) for 24 hours and 48 hours. After each time point the production of TNF (a), IL-1 $\beta$  (b), IL-6 (c) and IL-10 (d) was evaluated by the ELISA technique. The results are presented as mean and SD and paired t test was used for statistical analysis \*p < 0.05, \*\*p < 0.01 and \*\*\*p < 0.001.

#### 146 Pioglitazone hydrochloride induces pleiotropic responses in LC

147 Previously we demonstrate that pioglitazone hydrochloride presented anti-inflammatory ef-

148 fects after one strong activation of TLR4 with LPS. We investigated whether PBMC from CL

149 patients stimulated with SLA would respond well to pioglitazone hydrochloride. Similar to 150 the results shown above (Figure 2) pioglitazone hydrochloride at 1µM decreased TNF produc-151 tion after 24 hours of stimulation, but after 48 hours this effect was eliminated (Figure 3a). 152 Although IL-1B (Figure 3b) and IL-6 (Figure 3c) levels were lower in presence at 1µM of 153 pioglitazone hydrochloride, we not none observe any statistically significant difference. Curi-154 ously, these cells in presence the high concentration of pioglitazone hydrochloride (100µM) 155 increased production of IL-1B (Figure 3b) after 24 and 48 hours. Regarding at IL-10 levels we 156 observed to decrease after 24 hours with 100µM and this effect was more after 48 hours in all 157 concentrations tested (Figure 3d).

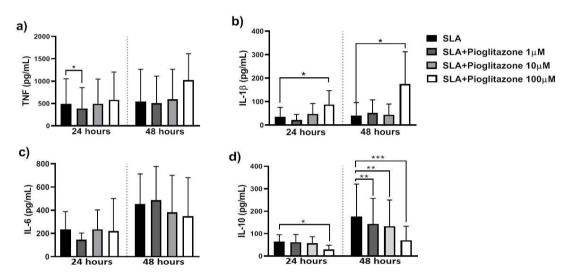


Figure 3: Ability of pioglitazone hydrochloride to regulate cytokine production in response to SLA in CL patients. PBMC from CL patients (n=9) were cultured in the presence and absence of SLA (5µg/mL) and pioglitazone hydrochloride (1, 10 and 100µM) for 24 hours and 48 hours. After each time point the production of TNF (a), IL-1 $\beta$  (b), IL-6 (c) and IL-10 (d) was evaluated by the ELISA technique. The results are presented as mean and SD and paired t test was used for statistical analysis \*p < 0.05, \*\*p < 0.01 and \*\*\*p < 0.001.

### 164 Pioglitazone hydrochloride enhanced killing of L. braziliensis by human macrophage

165 To evaluated whether pioglitazone hydrochloride plays any role on parasite killing or survival

166 in CL we infected human macrophages with L. braziliensis in presence or absence of pioglita-

167 zone hydrochloride and assessed parasite counts by microscopy in two time points after infec-

- 168 tion. We observed that pioglitazone hydrochloride at 100µM decreased the percentage of in-
- 169 fected cells and the number of parasites after 24 (Figure 4a) and 48 hours of infection (Figure
- 170 4b). However, by an unknown factor the infection percentage was reduced in the presence of
- 171 1µM pioglitazone hydrochloride after 48 hours of infection (Figure 4a).

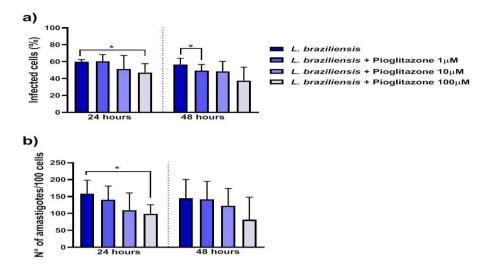


Figure 4: Effect of pioglitazone hydrochloride on the control of *L. braziliensis* infection (n=5) after stimulation with different concentrations of pioglitazone hydrochloride. HS macrophages were infected with *L. braziliensis* (10:1) for 2 hours. Following infection, cells were cultured in the presence and absence of pioglitazone hydrochloride at 1, 10 and 100 $\mu$ M concentrations for 24 and 48 hours. The percentage of infected cells (a) and the number of amastigotes (b) after 24 and 48 hours was determined by 2 observers by the optical microscopy technique. The results are presented as mean and SD and paired t test was used for statistical analysis \*p < 0.05.

#### 179 **DISCUSSION**

180 PPAR- $\gamma$  is a nuclear receptor expressed in several cell types, mainly mononuclear phagocytes 181 [19,30] and their activation is intimately involved in regulating lipid metabolism and glucose 182 homeostasis [31,32]. However, a considerable number of studies have associated this activa-183 tion by synthetic agonists with the downregulation of TLR4 and NF-κB [21,33,22]. Here, we 184 show that PBMC from HS stimulated with LPS produce high levels of TNF, IL-6, IL-1β and 185 IL-10 and this production is attenuated in presence of pioglitazone hydrochloride. Our results 186 support that activation of PPAR- $\gamma$  by pioglitazone hydrochloride may be involved in modulat-187 ing transcription factors associated with cytokine synthesis such as NF-kB.

Previously, it has been shown that circulating monocytes from CL naturally express TLR4 [34] and this expression is increased by *L. braziliensis*, in addition, TLR4+ cells infected with *Leishmania* produce higher levels of TNF [29]. Given the importance of this signaling pathway in CL pathogenesis, we decided to evaluate whether pioglitazone hydrochloride activation of PPAR- $\gamma$  could regulate the inflammatory response mediated by monocytes from CL patients stimulated with SLA. We observed that pioglitazone hydrochloride decreased TNF 194 levels without altering IL-10, IL-1B and IL-6 production in the initials hours of stimulated 195 cell. However, we note that in the presence of a high concentration of pioglitazone hydrochlo-196 ride IL-10 production was suppressed allowing IL-1ß levels to predominate. These results 197 suggest that parasite factors present in the SLA may be involved other signaling pathways 198 activation than TLR4. In fact, it previously showed that lipophosphoglycan (LPG) presents in 199 the L. braziliensis membrane activates TLR2 and allows NF-KB translocation culminating in 200 the increase of TNF, IL-6 and IL-1ß [35]. Therefore, simultaneous of multi pathways activa-201 tion by L. braziliensis soluble antigens are nonspecific, complex and may be accelerating the 202 early translocation of NF-κB, thus preventing its neutralization by pioglitazone hydrochloride-203 activated PPAR-y.

204 Another important point that intimately implicated with PPAR-y concerns resistance and sus-205 ceptibility to infection by different Leishmania species. For example, peritoneal macrophages 206 from Balb/c mice infected by L. donovani induce PPAR-y expression, keeping these cells al-207 ternatively activated and thus allowing the parasites to evade inflammatory response [36]. On 208 the other hand, PPAR-y activation in murine macrophages infected with L. mexicana induced 209 polarization to an M1 profile, with high TLR4 expression, increased TNF, IL-1β, IL-6, ROS 210 production and decreased infection [37]. Consistent with observations the Díaz-Gandarilla et 211 al., (2013), we show that PPAR- $\gamma$  activation by pioglitazone hydrochloride, in human macro-212 phages infected with L. braziliensis, showed parasite load reduced when treated with pioglita-213 zone hydrochloride.

#### 214 CONCLUSIONS

215 Our results suggest that pioglitazone hydrochloride improvement in the regulation of inflam-

216 mation and infection observed in CL. However, more studies should be conducted to under-

- stand better the mechanisms triggered by this drug and PPAR- $\gamma$  in plasticity of macrophages
- 218 in *L. braziliensis* infection.

#### 219 CONFLICTS OF INTEREST

220 The author declares that there is no conflict of interest regarding the publication of this paper.

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# 2. PROPOSTA DE SUBMISSÃO

2.1 Revista: PPAR RESEARCH

2.2 Regras para Submissão:

#### 1 JOURNAL TITLE

## 2 CONCISE AND INFORMATIVE ARTICLE TITLE

- 3 Firstname M. I. Lastname,<sup>1</sup> Firstname A. Lastname,<sup>2</sup> and Firstname B. Lastname<sup>1,2</sup>
- 4 <sup>1</sup> Department, Institute, City ZIP/Post code, Country. 5 <sup>2</sup>Department, Institute, City ZIP/Post code, Country.
- 6 Correspondence should be addressed to Firstname B. Lastname; lastname@institution.edu

#### 7 ABSTRACT

8 The abstract should be a single, self-contained paragraph which summarises the manuscript.

9 Ideally it will provide a brief context for the study, before describing the scientific approach

and some key results in a qualitative manner. It should finish with a sentence to describe the

11 implications for the field. The abstract must not include references, figures or tables.

#### 12 INTRODUCTION

- 13 The introduction should be succinct, with no subheadings. Limited figures may be included
- 14 only if they are truly introductory, and contain no new results.

# 15 MATERIALS AND METHODS

- 16 The materials and methods section should contain sufficient detail so that all procedures can
- 17 be repeated. It may be divided into headed subsections if several methods are described.

## 18 RESULTS AND DISCUSSION

#### 19 Subheadings

The results and discussion may be presented separately, or in one combined section, and may optionally be divided into headed subsections.

#### 22 Advice on Equations

Equations should be provided in a text format, rather than as an image. Microsoft Word's equation tool is acceptable. Equations should be numbered consecutively, in round brackets, on the right-hand side of the page. They should be referred to as Equation 1, etc. in the main text.

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a} \tag{1}$$

#### 28 Advice on Figures

At the point of submission, authors may provide all figures embedded within the manuscript at a convenient break near to where they are first referenced or, alternatively, they may be

31 provided as separate files. All figures should be cited in the paper in a consecutive order.

32 Where possible, figures should be displayed on a white background. When preparing figures,

33 consider that they can occupy either a single column (half page width) or two columns (full

page width), and should be sized accordingly. All figures must have an accompanying captionwhich includes a title and, preferably, a brief description (see Figure 1).

36

37 Figure 1: Basic rocket ship design. The rocket ship is propelled with three thrusters and features a single viewing

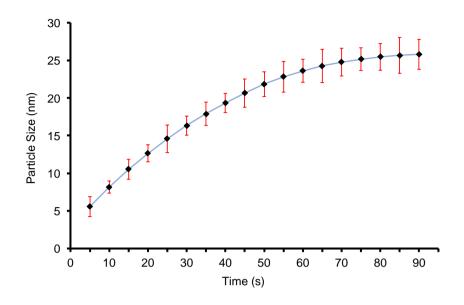
38 window. The nose cone is detachable upon impact.

19

39 The caption can also be used to explain any acronyms used in the figure, as well as providing

information on scale bar sizes or other information that cannot be included in the figure itself.Plots that show error bars should include in the caption a description of how the error was

42 calculated and the sample size (see Figure 2).



43

Figure 2: Plot of nanoparticle size with respect to time, recorded over a 90 s period. The error bars represent the standard deviation of measurements for 20 particles in five separate sample runs (n = 100).

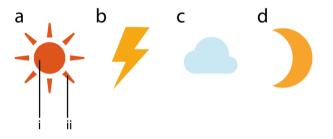
46 If a figure consists of multiple panels, they should be ordered logically and labelled with low-

47 er case roman letters (i.e., a, b, c, etc.). If it is necessary to mark individual features within a

48 panel (e.g., in Figure 3a), this may be done with lowercase Roman numerals, i, ii, iii, iv, etc.

49 All labels should be explained in the caption. Panels should not be contained within boxes

50 unless strictly necessary.



51

Figure 3: Representations of some common weather symbols. (a) The sun with (i) core, and (ii) rays. (b) Thunder
 bolt. (c) Cloud. (d) Moon.

54 Upon acceptance, authors will be asked to provide the figures as separate electronic files. At 55 that stage, figures should be supplied in either vector art formats (Illustrator, EPS, WMF, 56 FreeHand, CorelDraw, PowerPoint, Excel, etc.) or bitmap formats (Photoshop, TIFF, GIF, 57 JPEG, etc.). Bitmap images should be of at least 300 dpi resolution, unless due to the limited 58 resolution of a scientific instrument. If a bitmap image has labels, the image and labels should 59 be embedded in separate layers.

#### 60 Advice on Tables

61 Every table must have a descriptive title and, if numerical measurements are given, the units 62 should be included in the column heading. Vertical rules should not be used (see Table 1).

63 Tables should be cited consecutively in the text.

Location	T [° C]	Turtles	Sharks	Octopuses	Starfish
Blue Lagoon	21.2	5	3	4	543
Regent's Canal	5.2	8	0	24	312
Shark Bay	12.8	4	7	9	122

64 Table 1: Temperature and wildlife count in the three areas covered by the study.

## 65 CONCLUSIONS

66 The Conclusions section should clearly explain the main findings and implications of the 67 work, highlighting its importance and relevance.

# 68 DATA AVAILABILITY

A data availability statement is compulsory for research articles and clinical trials. Here, authors must describe how readers can access the data underlying the findings of the study, giving links to online repositories and providing deposition codes where applicable. For more information on how to compose a data availability statement, including template examples,

73 please visit: <u>https://www.hindawi.com/research.data/#statement</u>.

### 74 CONFLICTS OF INTEREST

75 This section is compulsory. A competing interest exists when professional judgment concern-76 ing the validity of research is influenced by a secondary interest, such as financial gain. We require that our authors reveal any possible conflict of interest in their submitted manuscripts. 77 78 If there is no conflict of interest, authors should state that "The author(s) declare(s) that there 79 regarding publication is no conflict of interest the of this paper." 80

81 Some of the information you choose to provide here may constitute your "sensitive personal

data". Please read our <u>Privacy Policy</u> for further information on how we handle your personal
 data.

# 84 FUNDING STATEMENT

Authors should state how the research and publication of their article was funded, by naming financially supporting bodies followed by any associated grant numbers in square brackets.

## 87 ACKNOWLEDGMENTS

- 88 An Acknowledgements section is optional and may recognise those individuals who provided
- 89 help during the research and preparation of the manuscript.

# 90 SUPPLEMENTARY MATERIALS

91 If Supplementary Materials are provided (e.g., audio files, video clips or datasets) they should 92 be described here. Note that authors are responsible for providing the final Supplementary 93 Materials files that will be published along with the article, which are not modified by our 94 production team. You should remember to reference the Supplementary Materials' contents at 95 appropriate points within the manuscript. We recommend citing specific items, rather than 96 referring to the Supplementary Materials in general, for example: "See Figures S1-S10 in the 97 Supplementary Material for comprehensive image analysis."

### 98 **REFERENCES**

References will be reformatted in house, there is no need to adhere to a specific style at the point of submission. Authors are responsible for ensuring that the information in each reference is complete and accurate. All citations in the text must be numbered consecutively in square brackets, before any punctuation, for example, "as discussed by Smith [1]," and "as discussed elsewhere [2,3]." All uncited references will be automatically removed. The references should not contain footnotes. For your information, our citation style is:

- 105[x]Author initials and surname, "Title in sentence style," Journal title, vol. (volume number), no. (issue<br/>number), pp. (page numbers separated by an en-dash), Year.
- 107 For example:
- 108
   [1]
   J. D. Watson and F. H. C. Crick, "A structure for deoxyribose nucleic acid," *Nature*, vol. 171, no. 4356, pp. 737–738, 1953.
- For articles with six or more authors, the first three authors are listed followed by 'et al.'. When journals use only article numbers, no page numbers are necessary. For example:
- 112[2]B. P. Abbott, R. Abbott, T. D. Abbott et al., "Observation of Gravitational Waves from a Binary Black113Hole Merger," *Physical Review Letters*, vol. 116, no. 6, Article ID 061102, 2016.